



NEWSLETTER

A Memory Box from Royal Mint Museum

Many thanks to Royal Mint for supplying our Enablement Care residents with a fantastic memory box loan 'Museum in a Box'. They thoroughly enjoyed taking a trip up memory lane, marking the 50th anniversary of decimalisation.

The memory items were all fitted with a microchip, which, when placed on the provided box, played audio clips - fantastic!





Regular Visits from Harry's Ice's!

Thanks to Harry's Ices Ice Cream van, who have been providing a very welcome (from both staff and residents alike) visit to Enablement Care.



Harry's Ice's



A visit to Twycross Zoo!

It has been fantastic to be out and about again on day trips. Here, this lovely Community Enablement Team service user enjoyed a trip to the zoo!



Well Done Nicola!



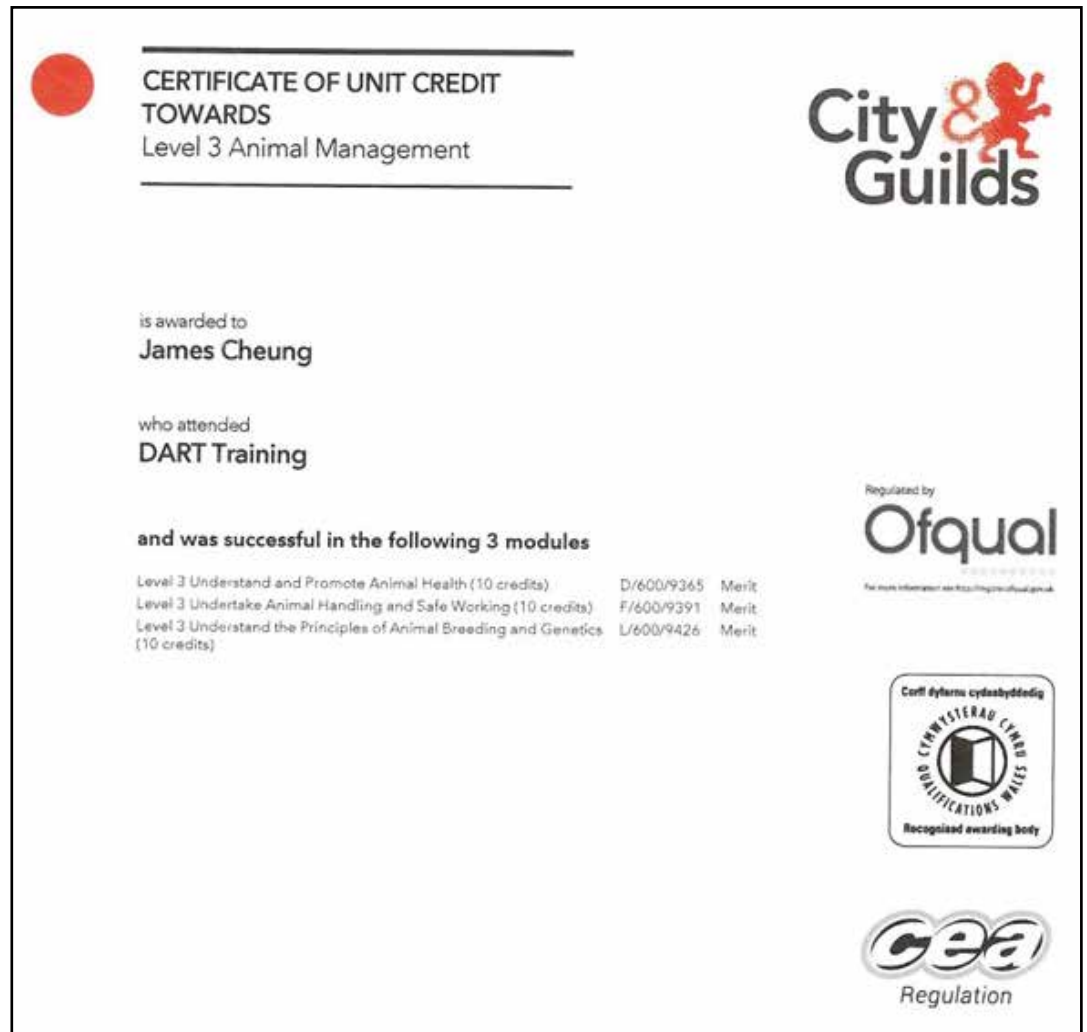
Congratulations to Nicola Barnes who has recently been successful in promotion from Senior Care Assistant to Deputy Manager of Enablement Care.

Well done Nicola, we know that you will shine in your new role with your usual caring, friendly professionalism.

Congratulations James!

My name is James and I have been working on Level 3 Animal Management with DART Training. When COVID arrived it meant that I had to stop going to my placement but I was still able to continue with my qualification in Animal Management and I am very proud of the fact I got a Merit.

Support staff at CET have helped me a lot with my education in both animal management and life skills. The work has been enjoyable and fun and I like working with the staff. I now have supported work experience at the Enablement Ark (care farm) where I am learning new skills and I am pleased that I am able to use my skills to help the animals there.



I have also set up my own business providing a boarding and home visit service for small animals. My qualification and the support I still receive from CET has made this happen and I am very grateful! I still have some learning to do and I am looking forward to increasing my independence with life skills and also taking up other specialist animal courses, including small animal grooming.

A Heartfelt Thank You

Heartfelt thanks go out to the family of Amanda Garbutt. Your gift of a defibrillator to Enablement Care, in Amanda's memory is appreciated beyond measure.

Because of your generous gift our staff now have this invaluable equipment on-hand to help those in their hour of need. Amanda was a much loved lady and is sorely missed.

Thank you also for your recent kind gift of a bench to Enablement Care.

Welcome to the Team Tracey!

A warm welcome to Tracey Lovell who has joined the Enablement Care team as a Business Administration Apprentice, it's great to have you on board Tracey. Good luck with your apprenticeship!



WHAT IS YOUR STORY?

Have Something to Share?

We love to hear about the accomplishments and activities of our residents, service users and staff.

If you have something great that you'd like to share please get in touch by emailing info@challengect.co.uk for consideration*.

*It may not be possible to include everything that we receive, but we will try our best.



We are a care farm based in Old Whittington, N Chesterfield and we are linked to our wider community-based service that offers bespoke packages to individuals with complex needs who don't fit into the standard packages of support.

If you are interested in this service, please email becca.oseman@challengect.co.uk.

When do I need to self-isolate?

To keep life moving and stop Covid-19 from spreading further, it's still important to self-isolate when you're asked to.

There are new rules from 16 August:

I've tested positive for Covid-19



You need to **self-isolate**, even if you've been vaccinated

I'm double-jabbed or I'm under 18 - and I've been in contact with someone who's tested positive



You do not need to **self-isolate** but we advise you to take a **PCR test**, and you need to self-isolate if it's positive

I've had either one or no jabs and I'm 18 or over - and I've been in contact with someone who's tested positive

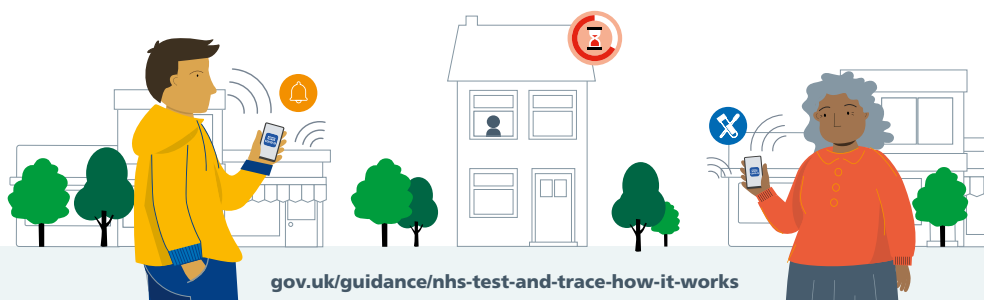


You need to **self-isolate**

I have symptoms of Covid-19 (high temperature, new continuous cough, loss or change to sense of smell or taste)



You should **self-isolate** and take a **PCR test**, even if you've been vaccinated



Useful Websites

The National Health Service
www.nhs.uk

Government Services and Information
www.gov.uk

Nottinghamshire County Council
www.nottinghamshire.gov.uk

Derbyshire County Council
www.derbyshire.gov.uk

The Samaritans
www.samaritans.org

Mind (Mental Health Charity)
www.mind.org.uk

Telephone 01623 397750
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