



# NEWSLETTER

## Fridays with Mecca Bingo at Enablement Care!

Enablement Care residents have been showing their competitive sides! Many thanks to Mecca Bingo Chesterfield for the bingo sessions and prizes!



## Meet our Staff - Casey

**Second, in our 'meet our staff' series is Casey Stocks from Community Enablement Team. Casey is a Community Support Worker and Team Leader.**

**Hi! My name is Casey Stocks, and I have recently become a qualified Team Leader.**

I have been working in care for nearly three years. I previously worked in childcare for four years, and I felt like that job was no longer for me. When I applied for the Community Support Worker position, I didn't think this would be for me either, nor did I think I would get the job. Nearly three years later, I'm still here, and I love my job, the people I work with, and the individuals I support.

I hope to continue to progress within my career and the company. I have completed a level three diploma in Health and Social Care. I am currently working my way through a level two mental health course. Working with mental health interests me and is an area that I would like to specialise in.

My favourite part of the job is out in the community, supporting. Helping individuals achieve what appear to be small to us but huge milestones for them. Helping to support the service users to engage in the activities they enjoy, whether this is going for a short walk, attending an art class, or going out for coffee and cake. What makes the service users happy makes me happy!

The worst part about my job has to be seeing and knowing someone needs help, but it can be challenging to get them all of the help that's needed because of certain barriers.

Community Enablement Team is unique as the care and support provided focuses on service users, what they need, and what they

can achieve. We always go above and beyond, doing all we can and more to ensure each and every service user enjoys their support session, feels valued and is safe, well and happy.

Care isn't for everyone, I didn't think it would be for me, but I would encourage anyone thinking about it to give it a go. It doesn't matter if you don't have any qualifications (although these are a bonus). Training can be completed whilst working. CET has a fantastic training lead and a brilliant staffing team to shadow. If you already have experience, great! If you don't, don't worry, every day is a learning day. We have a good training matrix here at CET. All training, induction and shadowing are provided. If there is anything you would like to know more about, our trainer will always help.

I'd say my carer super-power is helping individuals to become independent. By helping them gain confidence in themselves, they then build confidence in their independent living skills. I am also patient and understanding.

Care doesn't come without its challenges, but it is possibly one of the most rewarding jobs. The feeling you get knowing you have helped someone, even in the slightest way, is indescribable.

*Thank you Casey for sharing your story.*





## St. George's Day Tea Party at Enablement Care





## A Lovely 95th Birthday!

Congratulations to this lovely service user on her 95th Birthday. What an amazing cake!



We've been having lots of fun at Enablement Ark, we hope you enjoy our photographs!







## **Brand new day service opened in the North Chesterfield area!**



Based on a small holding, we specialise in supporting adults and young people with various needs to develop their life skills, in a therapeutic outdoor setting. We have a variety of animals to care for, extended grounds to maintain and lots of local wildlife to support.

**Full day, half day and 1:1 support rates available**

**f** Look for Enablement Ark on Facebook to see what we get up to.







Enquire by emailing [Becca.Oseman@challengect.co.uk](mailto:Becca.Oseman@challengect.co.uk) for further information.





# Social Media

Follow us on Facebook, Twitter and Instagram for all of our latest news and our Quote of the Day!

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**“Things Work Out Best For  
Those Who Make The Best Of  
How Things Work Out.”**

John Wooden

**CCT Community  
Enablement Team**  
*Now You Can*



**Enablement Care**



**Enablement Ark**  
*a place to grow*



**CHALLENGE**  
Consultancy & Training



**Welcome!!**



We are very please to welcome the following new staff to Enablement Care:

**Sophie**

**Teresa**

**Rhi**

**Elise**

**Janice**

**Rob**

**Juliet**

Congratulations on your new roles!



## Have Something to Share?

We love to hear about the accomplishments and activities of our residents, service users and staff.

If you have something great that you'd like to share please get in touch by emailing [info@challengect.co.uk](mailto:info@challengect.co.uk) for consideration\*.

\*It may not be possible to include everything that we receive, but we will try our best.

## Useful Websites

The National Health Service  
[www.nhs.uk](http://www.nhs.uk)

Government Services and Information  
[www.gov.uk](http://www.gov.uk)

Nottinghamshire County Council  
[www.nottinghamshire.gov.uk](http://www.nottinghamshire.gov.uk)

Derbyshire County Council  
[www.derbyshire.gov.uk](http://www.derbyshire.gov.uk)

The Samaritans  
[www.samaritans.org](http://www.samaritans.org)

Mind (Mental Health Charity)  
[www.mind.org.uk](http://www.mind.org.uk)

**Telephone** 01623 397750  
**Email** [enquiries@challengect.co.uk](mailto:enquiries@challengect.co.uk)

CCT Community Enablement Team Ltd  
Enablement Care  
Brook Street • Sutton in Ashfield  
Nottinghamshire • NG17 1ES

**[challengect.co.uk](http://challengect.co.uk)**



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